



Healthwatch Staffordshire

Services Directory

Introduction

We come across many Health and Social Care Services through our Signposting and Engagement Roles. We have created this Directory to share these with service users.

As service availability often depends on where you live (which council area), services available across all District Councils are given first, followed by those in the North, those in the Southeast and those in the South West. We do not specifically cover the City of Stoke-on-Trent as this is covered by Healthwatch Stoke-on-Trent.

The directory is by no means exhaustive, but we hope you find it useful. If you spot any errors or would like us to add to our directory, then please contact us on enquiries@healthwatchstaffordshire.co.uk

You may also find it useful to search for services on Staffordshire Connects which is a Staffordshire County Council service:
<https://www.staffordshireconnects.info/kb5/staffordshire/directory/home.page>





Contents

Support across all of Staffordshire (may be local, national or online services)	4
<ul style="list-style-type: none">• Bereavement• Bereaved Families – supporting parents• Mental Health• Activity Groups• Specialised Support• Terminal Illness	
North Staffordshire (Newcastle Under Lyme, Staffordshire Moorlands)	10
<ul style="list-style-type: none">• Mental Health• Neurodivergent Support• Carers Support• Bereavement	
Southeast Staffordshire (East Staffordshire, Lichfield, Tamworth)	13
<ul style="list-style-type: none">• Parent Support• Illness Support• Bereavement Support• Mental Health• Activities	
South West Staffordshire (South Staffordshire, Cannock, Stafford)	16
<ul style="list-style-type: none">• Support• Specialised Support• Mental Health• Activities	

**Support across all of Staffordshire
(may be local, national or online services)**




Bereavement

<p>Bereavement Services Association (BSA)</p>	<p>A national network for all those who work in providing bereavement support services</p>	<p>Phone: 07766 137210 Website: https://bsauk.org/</p>	
<p>Cruse Bereavement Support</p>	<p>Call helpline or chat online</p>	<p>Phone: 0808 8081677 Website: https://www.cruse.org.uk/get-support/</p>	
<p>Macmillan Cancer Support</p>	<p>Coping with bereavement</p>	<p>Phone: 0808 8080000 Website: https://www.macmillan.org.uk/cancer-information-and-support/supporting-someone/coping-with-bereavement</p>	
<p>St Giles Hospice</p>	<p>Bereavement Support Services. (Cannock library run a bereavement help point)</p>	<p>Phone: 01542 434536 Email: sct@stgileshospice.com Website: https://www.stgileshospice.com/how-we-can-help-you/our-care/bereavement-support-services/</p>	



Healthwatch Staffordshire Services Directory

<p>At a Loss</p>	<p>Signposting and information website for bereaved people</p>	<p>Website: https://www.ataloss.org/</p>	
<p>Stafford and District Bereavement and Loss Support Service</p>	<p>Stafford based registered charity</p>	<p>Phone: 07828 263554</p> <p>Email: sdblss@hotmail.co.uk</p> <p>Website: https://www.staffordbereavementsupport.org.uk/about</p>	
<p>Staffordshire County Council</p>	<p>Bereavement Support</p>	<p>website: https://www.staffordshire.gov.uk/Births-deaths-and-marriages/Death-and-bereavement/Help-and-Support-with-Bereavement.aspx</p>	
<p>Sue Ryder</p>	<p>Supporting yourself through grief</p>	<p>Phone: 0808 164 4572</p> <p>Email: supportercare@sueryder.org</p> <p>Website: https://community.sueryder.org/</p>	
<p>Widowed and Young (WAY)</p>	<p>Bereavement support</p>	<p>Phone: 0300 201 0051</p> <p>Website: https://www.widowedandyoung.org.uk/bereavement-support/?gclid=EAlaIQobChMIsPvvnPeH_AIVBrtCh2dqgFYEAAYAyAAEgJNqvD_BwE</p>	

<p>The Good Grief Trust</p>	<p>“Help and hope in one place”</p>	<p>Email: hello@thegoodgrieftrust.org Website: https://www.thegoodgrieftrust.org/</p>	
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<p>Bereaved Families, supporting parents</p>			
<p>Sands – Saving babies lives, supporting bereaved families</p>	<p>Online community via website</p>	<p>Phone: 0808 164 3332 Email: helpline@sands.org.uk Website: https://www.sands.org.uk/</p>	
<p>A Child of Mine (Staffordshire)</p>	<p>Supporting bereaved parents online via the website and support groups on zoom</p>	<p>Phone: 01785 283434 Email: hello@achildofmine.org.uk Website: https://achildofmine.org.uk/</p>	
<p>Windmills</p>	<p>Turning grief around, support for children and young people in Staffordshire</p>	<p>Phone: 01782 438439 Email: windmills2019@gmail.com Website: http://www.windmillscharity.org/</p>	

Mental Health


<p>Samaritans</p>	<p>Every life lost to suicide is a tragedy, here to listen Local branches in Stafford, Stoke on Trent, Leek and Tamworth</p>	<p>Phone: 116 123 Email: jo@samaritans.org Website: https://www.samaritans.org/</p>	
<p>Your Emotional Support Services</p>	<p>Mental health and wellbeing centre based in Uttoxeter, supporting adults and children throughout Staffordshire.</p>	<p>Phone: 01889 567 756 Website: https://yess.uk/</p>	
<p>Adult Victims Access to Support</p>	<p>Free phone number and live chat are only for victims of domestic abuse.</p>	<p>Phone (victims only): 0300 3033778 Email: new-era@victimsupport.cjsm.net (secure) Email: new-era@victimsupport.org.uk (nonsecure) Live Chat (victims only): www.new-era.uk Website: https://new-era.egressforms.com</p>	
<p>Adult Access to Behaviour Change Service</p>	<p>Single low-cost telephone number. Monday-Friday 9am-5pm</p>	<p>Phone: 0300 3735772 Email: Behaviour-change@victimsupport.cjsm.net (secure) Email: Behaviour-change@new-era.uk (nonsecure)</p>	

<p>Children's Access – Neutral Front Door (all children under 17)</p>	<p>Single low-cost telephone number. Live web chat, 24-hour cover.</p>	<p>Phone: 0300 3033778</p> <p>Email: new-eraCYP@victimsupport.cjism.net (secure)</p> <p>Email: new-eraCYP@victimsupport.org.uk (nonsecure)</p> <p>Live chat: www.new-era.uk</p> <p>Website: https://new-era.egressforms.com</p>	
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Activity Groups

<p>Places of Welcome</p>	<p>A network of safe places where people can connect, belong and contribute</p>	<p>Phone: 0330 0531940</p> <p>Email: info@placesofwelcome.org.uk</p> <p>Website: https://www.placesofwelcome.org.uk/locations</p>	
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Specialised Support

<p>SSAFA, the armed forces charity</p>	<p>National helpline and live chat Staffordshire branch</p>	<p>Phone: 0800 260 6767 0204 566 9116</p> <p>Email: https://www.ssafa.org.uk/ / https://www.ssafa.org.uk/staffordshire</p>	
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Healthwatch Staffordshire Services Directory

<p>Staffordshire Together for Carers Service</p>	<p>Provide information, advice and a range of specialist support for adults and young carers</p>	<p>Phone: 0300 3030621</p> <p>Email: enquiries@staffordshiretogetherforcarers.org.uk</p> <p>Website: https://www.n-compass.org.uk/our-services/carers/staffordshire-together-for-carers-service</p>	 <p>Staffordshire Together for Carers Service</p>
<p>Road Peace</p>	<p>National charity for road crash victims</p>	<p>Phone: 0800 160 1069</p> <p>Email: helpline@roadpeace.org</p> <p>Website: https://www.roadpeace.org/</p>	
<p>Staying Well Service</p>	<p>Carry out an initial visit to talk about your health and wellbeing</p>	<p>Phone: 01827 306204</p>	 <p>Midlands Partnership University NHS Foundation Trust</p>
<p>Staffordshire Adults Autistic Society (Newcastle, Stafford, Lichfield)</p>	<p>Providing support to autistic adults in Staffordshire</p>	<p>Phone: 01782 616555</p> <p>Email: info@saascharity.org</p> <p>Website: https://saascharity.org</p>	

Terminal Illness


<p>Winstons Wish</p>	<p>Giving Hope to Grieving Children Death through serious illness, dealing with terminal illness Live chat and texting options</p>	<p>Phone: 08088 020 021</p> <p>Email: ask@winstonswish.org</p> <p>Website: https://winstonswish.org/</p>	
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North Staffordshire

(Newcastle Under Lyme, Staffordshire Moorlands)



Mental Health


<p>Children and young people's mental health and emotional wellbeing support</p>	<p>Crisis Care Centre can take phone calls/referral forms from self-referral or professional</p> <p>Covers Newcastle Under Lyme and Staffordshire Moorlands</p>	<p>Phone: 0800 0 328 728</p> <p>Online Referral: https://combinedwellbeing.org.uk/da-our-services/</p>	
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<p>North Staffordshire Mind</p>	<p>Support and advice</p>	<p>Phone: 01782 262100</p> <p>Email: reception@nsmind.org.uk</p> <p>Website: https://nsmind.org.uk/about-us/</p>	
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Neurodivergent Support

<p>North Staffordshire Asperger Autism Association (Newcastle)</p>	<p>Provides support, help and advice to individuals with an Autistic Spectrum Condition, their parents and carers.</p>	<p>Phone: 01782 627002</p> <p>Email: info@nsaaa.co.uk</p> <p>Website: https://nsaaa.org.uk/</p>	
<p>Lifeworks Staffordshire (Newcastle)</p>	<p>A charity supporting those with autism</p>	<p>Phone: 01782 615222</p> <p>Email: info@lifeworksstaffordshire.org.uk</p> <p>Website: https://lifeworksstaffordshire.org.uk/</p>	

Carers Support

<p>North Staffordshire Carers Association</p>	<p>Provide free services for unpaid carers, including information and advice, emotional support,</p>	<p>Advice line: 01782 793100</p> <p>Email: via website</p>	
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	practical help, break opportunities and social activities	Website: https://www.carersfirst.com/home	
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Bereavement


North Staffordshire Combined Healthcare	Advice on bereavement	Phone 0800 0328728/ 07739 775202 Website: https://www.combined.nhs.uk/how-to-access-us-in-a-crisis/coping-with-bereavement/	
Beth Johnson Foundation	Bereavement friendship	Phone: 07867 003313 Website: https://www.bjf.org.uk/bereavement-friendship	
Dove Service	Bereavement counselling and support	Phone: 01782 683155 Website: https://thedoveservice.org.uk/	

Southeast Staffordshire

(East Staffordshire, Lichfield, Tamworth)



Parenting Support

<p>Harvey Girls & Dads 4 Dads (Burton)</p>	<p>Support for the whole family, parenting programs, school link workers and therapy dogs</p>	<p>Phone: 07841 485866</p> <p>Email: support@harveygirls.co.uk</p> <p>Website: https://eaststaffordshirefamilysupport.co.uk/</p>	
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Illness Support


<p>Macmillan Midland Bowel Cancer Support Group (Burton and Lichfield)</p>	<p>Riverside Hotel Burton and Whittington Village Hall Lichfield Burton group runs second Monday of each month 6:30pm-8:30pm Lichfield group runs every fourth Thursday of each month 10:30am-12:30pm</p>	<p>Phone: 07369 224653</p> <p>Website: Midlands Bowel Cancer Support Group - Burton on Trent - Macmillan Cancer - Macmillan Cancer Support</p>	
<p>Cancer Active Recovery Support (CARS) (Burton)</p>	<p>Support for those receiving a cancer diagnosis to recovery and beyond</p>	<p>Phone: 0300 3561440</p> <p>Email: info@recoverysupport.org.uk</p> <p>Website: www.recoverysupport.org.uk</p>	

University Hospitals Derby and Burton (Burton)	PEER support groups for people living with cancer Telephone Buddies, online peer support, 121 peer support, group support	Phone: 0300 777 1207 01629 812154 01773 512076	
Diabetes UK Patient Network (East Staffordshire)	Provides support	Phone: 07590 379892 Email: Bridgesjohn763@gmail.com	
South Staffordshire Dementia Advisor Service	Provides information, practical support and knowledge about dementia. Provided virtual, face to face or via email.	Phone: 01543 573936 Website: https://www.alzheimers.org.uk/	

Bereavement Support



Bereavement Help Drop in Point (Burton, DE15 9AR)	Every Tuesday 10am-12pm	Phone: 01283 545301 Email: info@tcc.org.uk	
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Mental Health

MIND (Burton, DE14 3BY)	Mental Health service Community help, mindfulness workshop, peer support, eco therapy, workplace health	Phone: 01283 566696 Contacts:	
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		www.burtonmind.co.uk/contact-us/ www.facebook.com/burtondistrictmind/ www.linktr.ee/burtonmind	
Wellbeing Café At the church in Perton (1:30- 3pm)	Free session. A change to meet and support others. A relaxed and informal drop-in.	Phone: 07508 609005	
Your Emotional Support Services (Uttoxeter and Stafford)	Counselling for all ages	Phone: 01889 567756 Email: hello@yess.uk Website: www.yess.uk	

Activities

Harvey Girls (East Staffordshire)	Free Martial Arts sessions	Phone: 01283 533449 Email: Eaststaffordshirefamilysupport.co.uk Website: https://eaststaffordshirefamilysupport.co.uk/	
Muddy Boots Gardening Project Social Group (Burton, DE14 3BY)	Gardening, social group meets every Thursday 10-12pm	Phone: 07725 991164 or 01245 898684 Contact: Message Via Facebook Website: https://muddybootsgardening.com/contact/	

<p>HEAT Number 1 (Burton, DE15 9EU) filling/CV writing every Monday 10am-12pm</p>	<p>Toddlers group every Wednesday 10am-11:30am Every Thursday 3:30pm-8:30pm free meal and warmth Food.</p>	<p>Phone: 01283 545301 Website: www.thecommunitychurchburton.co.uk</p>	
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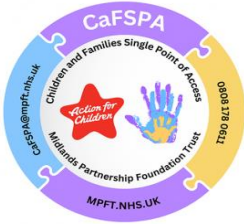
South West Staffordshire

(South Staffordshire, Cannock, Stafford)



Support

<p>Milestone Z / Rockspur (South Staffordshire, WV8 1PX)</p>	<p>Person centred support and care for 18-30 yrs.</p>	<p>Phone: 01902 846179 07375 881294 01543 458359 07375 881296 Email: Nick.morris@rockspur-house.co.uk or Sam.dudley@rockspur-house.co.uk</p>	
<p>SOFFA Marmalade Rugeley</p>	<p>Support for anyone supporting someone with a gender issue. Meet once a month for a few hours</p>	<p>Phone: 07590 321014 (11am-2pm weekday) Email: soffamarmalade@hotmail.com Facebook: www.facebook.com/SOFFAmarmaladeUK Website: www.soffamarmalade.org.uk</p>	

<p>Depend Stafford</p>	<p>Support for people with a trans or non-binary person in their family Volunteer organisation, aim to provide support, advice and info.</p>	<p>Email: info@depend.org.uk Facebook: www.facebook.com/DependSupport. Website: www.depend.org.uk</p>	
<p>Children and Family's Single Point of Access (CaFSPA)</p>	<p>Aims to simplify the way children, young people, their families or carers seek care, support and guidance.</p>	<p>Phone: 0808 178 0611 Email: CaFSPA@mpft.nhs.uk Website: https://www.mpft.nhs.uk/about-us/latest-news/children-and-families-single-point-access#:~:text=CaFSPA%20aims%20to%20simplify%20the,others%20can%20make%20a%20referral.</p>	


Specialised Support

<p>League of Hospital Friends (Stafford, ST16 3AD)</p>	<p>Veterans Intensive Supported Housing, Caxton House, North Walls, Stafford Reducing homelessness and social disadvantage Intensive housing management with support services</p>	<p>Phone: 01785 413233 or 01785 250625 Email: enquiries@sclohf.co.uk Website: www.staffordandcannocklof.org</p>	
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Mental Health

<p>Your Emotional Support Services (Uttoxeter and Stafford)</p>	<p>Counselling for all ages</p>	<p>Phone: 01889567756</p> <p>Email: hello@yess.uk</p> <p>Website: www.yess.uk</p>	
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Activity

<p>Soroptimist International (Cannock)</p>	<p>International women's movement Running since 1921. Empowering, education, enabling woman around the world</p>	<p>Phone: +44(0)161 480 7686</p> <p>Email: soropscannock@gmail.com</p> <p>Website: https://sigbi.org/cannock-and-district/</p>	
<p>Butterfly Art Trail (Uttoxeter, ST14 5ER) Hollington Lane, Stramshall</p>	<p>Offers activity groups for schools</p>	<p>Website: https://teanvalleymeadow.org.uk/</p>	